
BOOKS ABOUT GRANDPARENT LOSS

Children

General Books About Grief

- *Aarvy Aardvark Finds Hope* by Donna O'Toole -- Aarvy has lost his family and is filled with despair and hopelessness until a true friend helps him learn about the strengths within himself.
- *When Dinosaurs Die: A Guide to Understanding Death* by Laurie Krasny Brown -- Straightforward and compassionate, *When Dinosaurs Die* explains death, dying, and coping with grief and loss in simple and accessible language for young kids and families.
- *Grief is a Mess* by Jackie Schuld -- *Grief is a Mess* is an illustrated book for grieving children and adults who need a healthy dose of understanding, comfort, and laughter.
- *The Invisible String* by Patrice Karst -- Specifically written to address children's fears of being apart from the ones they love, *The Invisible String* offers a very simple approach to overcoming loneliness, separation, or loss with an imaginative twist that children easily understand and embrace.

Books for Grandparent Loss

- *Grandpa is Flying in a Spaceship* by Shosh Carmel -- This moving story is laced with flowing rhymes and inspiring illustrations that encourage both parent and child to internalize the tools needed to properly handle grief and develop the courage to find comfort, and eventually happiness following a loss.
- *When Your Grandparent Dies: A Child's Guide to Good Grief* by Victoria Ryan -- Explaining what happens from a child's-eye view, the elves depict the difficult days before, after, and beyond a grandparent's death. They explore the meaning of death and heaven, as well as how to stay close in spirit with a grandparent who has died.



- *Nana Upstairs and Nana Downstairs* by Tomie dePaola -- Tommy is four years old, and he loves visiting the home of his grandmother, Nana Downstairs, and his great-grandmother, Nana Upstairs. But one day Tommy's mother tells him Nana Upstairs won't be there anymore, and Tommy must struggle with saying good-bye to someone he loves.
- *Tell Me About Heaven, Grandpa Rabbit!* by Jenny Album -- This gentle and uplifting story is designed to help young children come to terms with losing someone special.
- *Grandpa Loved* by Josephine Nobisso -- By remembering the treasured times he spent with his grandfather, a boy realizes how loved ones never really die, but live on in the minds and hearts of those whose lives they touched.

