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| https://grassroots.groupon.com/files/2012/04/gt-eles-place.jpg**June 2019 Ele’s Place – Lansing Family Calendar** | | | | | | |
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| **Key:**   * **Family Activities** * **Things to do in Lansing** * **Thought Starters** * **Family Night** |  |  |  |  | **Is the anniversary of your person’s death sometime this month? Click** [**here**](https://www.elesplace.org/application/files/7115/6036/2518/Acknowledging_Anniversaries.pdf) **for ideas on ways to acknowledge it.** | **1**  **Be a Tourist in Your Town - cost $1. Click** [**here**](http://www.lansing.org/events/be-a-tourist/) **for more info.** |
| **2** | **3**  **Color Your heart – an activity to help develop more awareness of feelings related to death. Click** [**here**](https://www.elesplace.org/application/files/7015/6036/2518/Color_Your_Heart.pdf) **for a description.** | **4** | **5** | **6** | **7**  [**Friends of Ingham County Park**](http://friendsofinghamcountyparks.org/)**s host free Friday Night Concerts at the Lake Lansing Park South Band Shell concert stage in June, July and August. Click** [**here**](http://pk.ingham.org/ThingstoDo/Concerts.aspx) **for more info.** | **8** |
| **9** | **10** | **11**  **Consider checking out a few books from our resource library to read as a family.** | **12** | **13**  **Write a letter to the person who died – an activity to validate the ongoing connection with the person who died. Click** [**here**](https://www.elesplace.org/application/files/4615/6036/2519/Letter_to_person_who_died_template.pdf) **for a description.** | **14** | **15**  **Have you looked at any of the websites for grieving children? Click** [**here**](https://www.elesplace.org/resources/overview) **for a list of helpful on-line resources.** |
| **16**  **Are there any Father’s Day traditions you did before the death? Talk about it & how you will do it this year.** | **17** | **18**  **Do you want more grief support? Consider calling your Family Bereavement Coordinator for a \*bridging session.** | **19** | **20**  **Consider taking a walk or playing an outdoor game together. Fenner Nature Center has trails you can explore. Click** [**here**](https://mynaturecenter.org/calendar/) **for more info.** | **21** | **22**  **Does the family need some fun time together? Check out Kids Bowl Free. Click** [**here**](https://www.kidsbowlfree.com/all_centers.php#MI) **for more information and to register.** |
| **23**  **30** | **24**  **Ele’s Place Family Night, 6:15pm**  **(Monday Families)** | **25**  **Ele’s Place Family Night, 6:15pm**  **(Tuesday Families)** | **26**  **Ele’s Place Family Night, 6:15pm**  **(Wednesday Families)** | **27**  **Ele’s Place Family Night, 6:15pm**  **(Thursday Families)** | **28** | **29**  **See you at Ele’s Place for July Family Nights starting July 16th!** |

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| https://grassroots.groupon.com/files/2012/04/gt-eles-place.jpg **July 2019 Ele’s Place – Lansing Family Calendar** | | | | | | |
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|  | **1**  **Is the anniversary of your person’s death sometime this month? Click** [**here**](https://www.elesplace.org/application/files/7115/6036/2518/Acknowledging_Anniversaries.pdf) **for ideas on ways to acknowledge it.** | **2** | **3**  **S.T.A.R – an activity to discuss memories of the person who died. Click** [**here**](https://www.elesplace.org/application/files/1915/6036/2519/STAR.pdf) **for a description.** | **4**  **Is there a 4th of July tradition you did before the death? Talk about it & how you will do it this y.** | **5** | **6** |
| **7** | **8**  **Do you want more grief support? Consider calling your Family Bereavement Coordinator for a \*bridging session.** | **9**  **Zoo Days: Enjoy Admission to Potter Park Zoo for only $1 with voucher on Tuesday July 9 and Wednesday, July 10! Click** [**here**](https://potterparkzoo.org/event/zoo-days-july-9-10/) **for more information.** | **10**  **Zoo Days: Enjoy Admission to Potter Park Zoo for only $1 with voucher on Tuesday July 9 and Wednesday, July 10! Click** [**here**](https://potterparkzoo.org/event/zoo-days-july-9-10/) **for more information.** | **11** | **12**  **Are there any summer memories of your person who died your family would like to share with each other?** | **13** |
| **14**  **Are you looking for some fun summer activities? Check out the Harris Nature Center calendar by clicking** [**here**](http://www.meridian.mi.us/visitors/hidden-gems/visit-harris-nature-center)**.** | **15**  **Ele’s Place Family Night, 6:15pm**  **(Monday Families)** | **16**  **Ele’s Place Family Night, 6:15pm**  **(Tuesday Families)** | **17**  **Ele’s Place Family Night, 6:15pm**  **(Wednesday Families)** | **18**  **Ele’s Place Family Night, 6:15pm**  **(Thursday Families)** | **19**  [**Friends of Ingham County Park**](http://friendsofinghamcountyparks.org/)**s host free Friday Night Concerts at the Lake Lansing Park South Band Shell concert stage in June, July and August. Click** [**here**](http://pk.ingham.org/ThingstoDo/Concerts.aspx) **for info.** | **20**  **Changes in my home – an activity to facilitate a conversation about what’s changed since your person died. Click** [**here**](https://www.elesplace.org/application/files/1615/6036/2518/Changes_in_my_home.pdf) **for a description.** |
| **21**  **Read a book together & talk about it. Do your kids identify with any characters or feelings in the book?** | **22** | **23**  **Have you looked at any of the websites for grieving children? Click** [**here**](https://www.elesplace.org/resources/overview) **for a list of helpful on-line resources.** | **24** | **25**  **Family challenge: Can you do a random act of kindness for another family member today?** | **26** | **27**    **Click** [**here**](https://www.elesplace.org/about-us/capital-region/events/eles-race) **for more info.** |
| **28**  **Supports – an activity to help kids identify people who support them. Click** [**here**](https://www.elesplace.org/application/files/4215/6036/2519/Friends_Circles.pdf) **for a description.** | **29** | **30**  **Summer is more than half over! See you at Ele’s Place for August Family Nights starting August 13th!** | **31** |  | **Key:**   * **Family Activities** * **Things to do in Lansing** * **Thought Starters** * **Family Night** |  |

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| https://grassroots.groupon.com/files/2012/04/gt-eles-place.jpg **August 2019 Ele’s Place – Lansing Family Calendar** | | | | | | |
|  | | | | | | |
|  | **Key:**   * **Family Activities** * **Things to do in Lansing** * **Thought Starters** * **Family Night** | |  | **1**  **Is the anniversary of your person’s death sometime this month? Click** [**here**](https://www.elesplace.org/application/files/7115/6036/2518/Acknowledging_Anniversaries.pdf) **for ideas on ways to acknowledge it.** | **2**  **Does the family need some fun time together? Consider a family movie and popcorn night.** | **3**  **Do you want more grief support? Consider calling your Family Bereavement Coordinator for a \*bridging session.** |
| **4** | **5**  **Have you looked at any of the websites for grieving children? Click** [**here**](https://www.elesplace.org/resources/overview) **for a list of helpful on-line resources.** | **6** | **7**  **Write your own comic strip – an activity to help kids share their grief story. Click** [**here**](https://www.elesplace.org/application/files/4515/6036/2520/Write_your_own_comic_strip.pdf) **for a description.** | **8** | **9**  [**Friends of Ingham County Park**](http://friendsofinghamcountyparks.org/)**s host free Friday Night Concerts at the Lake Lansing Park South Band Shell concert stage in June, July and August. Click** [**here**](http://pk.ingham.org/ThingstoDo/Concerts.aspx) **for info.** | **10** |
| **11**  **Are you looking for some fun summer activities? Check out Hawk Island by clicking** [**here**](http://pk.ingham.org/Parks/HawkIsland.aspx)**.** | **12**  **Ele’s Place Family Night, 6:15pm**  **(Monday Families)** | **13**  **Ele’s Place Family Night, 6:15pm**  **(Tuesday Families)** | **14**  **Ele’s Place Family Night, 6:15pm**  **(Wednesday Families)** | **15**  **Ele’s Place Family Night, 6:15pm**  **(Thursday Families)** | **16** | **17**  **Did your person who died have a favorite game? Consider playing this game as a family.** |
| **18**  **Did your family’s person have a favorite restaurant? Consider sharing a meal there together.** | **19** No automatic alt text available.  **Click** [**here**](https://www.collegefields.net/aboutus/closesttotheheart/) **for more info** | **20** | **21** | **22**  **Snapshots – an activity to facilitate sharing memories of the person who died. Click** [**here**](https://www.elesplace.org/application/files/9515/6037/3200/SNAPSHOTS.pdf) **for a description.** | **23**  **What’s different about this summer? Invite your kids to talk about it. Tears *and* smiles are ok.** | **24** |
| **25** | **26** | **27**  **Is today a good day to give each family member a hug & ask if they want to talk? All feelings are ok.** | **28** | **29** | **30**  **See you after labor day! Ele’s school year program starts September 9th.** | **31** |

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**\*Bridging Sessions:**

**During the summer months – while we are having monthly Family Nights – please remember that Ele’s Place’s staff are here to support you. If you would like to meet with your Family Bereavement Coordinator individually or as a family, please do not hesitate to contact her and schedule an appointment.**