



## October - November 2020 Update

### Email Update includes:

- 2020 Healing Hearts Society Breakfast – We're SO Close to our Fundraising Goal!
- Conversations about Halloween & Grief
- Virtual Grief Support Groups for Parents/Guardians of Children & Teens RESUME
- November is Children's Grief Awareness Month
- Special November Tours! Join Us for a Community Grief Open Forum Q&A PLUS Virtual Tours of the Heart.
- Target Circle Nonprofit Partner through December 31<sup>st</sup>



### We're SO Close! Please Help Us Reach Our \$160K Goal!

Thank you to everyone who was able to join us virtually on October, 21, 2020 for our 2020 Healing Hearts Society Virtual Fundraising Breakfast!

We are grateful that you choose to stand by us as we stand by the grieving children, teens and their families in our community. Your support helps ensure our compassionate grief support programs always remain **FREE OF CHARGE**.

We are so close to reaching our fundraising goal of \$160,000. Please consider making an **online pledge or donation** via our secure donation webpage: <https://elesplace.org/a2breakfast>.

If you prefer to **mail your donation**, please download and print the [Pledge Form](#) and mail the form and your check payable to "Ele's Place" to: Ele's Place Ann Arbor, 5665 Hines Drive, Ann Arbor, MI 48108.

If you weren't able to join us, PLEASE watch the **REPLAY** of our program: <https://youtu.be/sDp4mrJS9SY?t=902>.

### Conversations about

## Halloween & Grief

Halloween can be a fun time for children, teens and adults alike. Many people love to dress up in costumes, go to parties, and trick-or-treat for candy. Seasonal decorations ranging from colorful fall leaves to jack-o-lanterns to spooky scenes are popular and done in good fun. But this time of year can be very difficult for some, especially the newly bereaved.



Families have told us they feel bombarded at Halloween by the constant images of death: headstones, skeletons in caskets, and gory corpses. Some children and teens can become overwhelmed by the scary sights and sounds, especially if they are still learning the difference between reality and make-believe. For grieving children, teens and families, Halloween can be a painful trigger for the loss they have experienced.

If you are a parent or caregiver of a child or teen in grief, invite a conversation about this. Kids may be carrying fears or worries that they do not openly share. Being available to listen and support kids is one of the best things you can do for them!



### Virtual Grief Support Groups for Parents or Guardians of Children & Teens RESUME

Ele's Place Ann Arbor offers ongoing peer support groups Monday through Thursday evenings, two weeks per month for grieving children and teens ages 3-18 via Zoom, at no cost to families.

This week, our grief support groups for the parents or guardians of Ele's Place Ann Arbor children and teens RESUMED! We are grateful to be able to support adults in their grief so they can be more present with their

child's/teen's grief. The adult groups are facilitated by Licensed Clinicians via Zoom.

If you have a grieving child or teen in your life, our Clinical Program Staff is available to help! Please call Ele's Place Ann Arbor at 734.929.6640 to learn more about our no cost support programs.

### November is Children's Grief Awareness Month

Ele's Place Ann Arbor is proud to be a member of the National Alliance for Grieving Children together we are committed to giving grief a voice. Throughout November – in observance of Children's Grief Awareness Month – we will highlight GriefTalk topics weekly on the Ele's Place Ann Arbor [Facebook](#) and [LinkedIn](#) social media platforms.

The **GriefTalk** initiative is aimed at encouraging and supporting honest conversations around the topics of death and grief, and are intended to guide a caregiver as they navigate these important conversations with their child or teen.



2020 has been a difficult year for so many. There is grief everywhere, and many of the supports that existed are not in place, or access to support is limited. Together, we can support bereaved children and teens by giving grief a voice and advocating for supportive conversations.

**The Ele's Place Ann Arbor GriefTalk conversation topics include:**

- Talking to Children and Teens about Death and Dying
- Talking to a Child or Teen to Let them know Someone has Died
- Talking about End of Life Memorials and Rituals
- Talking about Grieving as a Family

**Join us this November to encourage everyone to get comfortable with their GriefTalk.**

## **SPECIAL NOVEMBER TOURS!** **Community Grief Open Forum Q&A** **PLUS Virtual Tours of the Heart**



In observance of Children's Grief Awareness Month, please join us for our "Special November Tours" – featuring a **Community Grief Open Forum Q&A** that encourages and supports honest conversations around the topics of death and grief **PLUS** a virtual tour of our Home for Healing Hearts!

"Special November Tours" via Zoom will be hosted on **Thursday, November 5th at 4:00-5:00pm** and **Wednesday, November 18th at 9:00-10:00am**. Meet our staff, learn about our traditional in-person and current virtual grief support services for children, teens and their families, and find out ways you can help support our mission, **PLUS** inviting our community to begin grief conversations.

Please RSVP via email to Nancy Biehn at [nbiehn@elesplace.org](mailto:nbiehn@elesplace.org), by 5:00pm the day before the scheduled tour. After registering, you will receive a confirmation email containing information about joining the virtual Tour of the Heart via Zoom.

**Please note, these tours are not intended for the newly bereaved.** If you need assistance or have questions about grief support for children and teens, our Clinical Program Staff is available to help! Please call Ele's Place Ann Arbor at 734-929-6640.

**Eles' Place is a  
Target Circle Nonprofit  
Partner through  
December 31<sup>st</sup>**

We are honored to announce that Ele's Place has been chosen to participate in a special charitable giving campaign, sponsored and funded by Target! And, **YOU** have the chance to help direct a portion of Target's donation to us!

**We've partnered  
with Target Circle.**

**Vote by December 31.**

**Target Circle** NONPROFIT PARTNER



Now through December 31<sup>st</sup>, vote for Ele's Place through the Target Circle program! Your

votes help determine how Target divides its donation. It's easy! Find out more about Target Circle here: [www.target.com/circle](http://www.target.com/circle).

We're asking our supporters to help us make the most of this incredible opportunity. Every vote counts to help us receive a portion of the available Target funds as we continue our mission to support grieving children and teens in our community. Don't forget, as you earn more votes, you can keep voting multiple times during the campaign! Thank you for your support, and we encourage you to share your support for us (and, your thanks to Target) on social media throughout the voting timeframe!

**Donate Today!**

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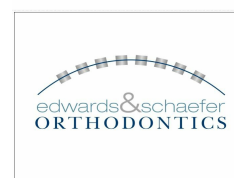
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