BOOKS ABOUT GRANDPARENT LOSS

Children

General Books About Grief

- *Aarvy Aardvark Finds Hope* by Donna O'Toole -- Aarvy has lost his family and is filled with despair and hopelessness until a true friend helps him learn about the strengths within himself.
- *When Dinosaurs Die: A Guide to Understanding Death* by Laurie Krasny Brown -- Straightforward and compassionate, When Dinosaurs Die explains death, dying, and coping with grief and loss in simple and accessible language for young kids and families.
- ~~*I Know I Made It Happen* by Lynn Blackburn -- Gives kids support and understanding during crises. Excellent for younger children who often believe they somehow caused bad things to happen.~~
- *Grief is a Mess* by Jackie Schuld -- Grief is a Mess is an illustrated book for grieving children and adults who need a healthy dose of understanding, comfort, and laughter.
- *The Invisible String* by Patrice Karst – Specifically written to address children's fears of being apart from the ones they love, The Invisible String offers a very simple approach to overcoming loneliness, separation, or loss with an imaginative twist that children easily understand and embrace.

Books for Grandparent Loss

- *Grandpa is Flying in a Spaceship* by Shosh Carmel -- This moving story is laced with flowing rhymes and inspiring illustrations that encourage both parent and child to internalize the tools needed to properly handle grief and develop the courage to find comfort, and eventually happiness following a loss.
- ~~*Where the Balloons Go* by Paul Coleman -- Corey and his grandmother love to watch balloons floating up to the sky, and when she dies, Corey thinks of a special way to say goodbye.~~
- *When Your Grandparent Dies: A Child's Guide to Good Grief* by Victoria Ryan -- Explaining what happens from a child's-eye view, the elves depict the difficult days before, after, and beyond a grandparent's death. They explore the meaning of death and heaven, as well as how to stay close in spirit with a grandparent who has died.



- *The Lonely Chair* by Gean Penny -- Grandpa's chair has many patches. Each one tells a story about Grandpa's life. Grandma shares the stories with me. One day, Grandpa's chair will be mine.
- *Nana Upstairs and Nana Downstairs* by Tomie dePaola -- Tommy is four years old, and he loves visiting the home of his grandmother, Nana Downstairs, and his great-grandmother, Nana Upstairs. But one day Tommy's mother tells him Nana Upstairs won't be there anymore, and Tommy must struggle with saying good-bye to someone he loves.
- *Just Like Grandma: A Family Scrapbook* by T. Lynn Jax -- Losing a loved one is an inevitable difficulty that all families face, affecting even those family members who were too young to know the deceased. But through sharing stories and photographs, the memory of those lost can be rekindled and celebrated by a new generation of family, bringing joy and comfort to all who grieve.
- *Tell Me About Heaven, Grandpa Rabbit!* by Jenny Album -- This gentle and uplifting story is designed to help young children come to terms with losing someone special.
- *Green Mittens From Grandma* by Bernice Hogan Hanks -- A little boy copes with his grandmother's death by carrying the mittens she made for him.
- *My Letter from Grandma* by Ruth V. Cullen -- A Grandmother leaves a letter for her granddaughter explaining death and living life fully.
- *Grandpa Loved* by Josephine Nobisso -- By remembering the treasured times he spent with his grandfather, a boy realizes how loved ones never really die, but live on in the minds and hearts of those whose lives they touched.

